









Dandelion Time

Single-use coffee cups can't be recycled or composted because they have shiny plastic on the inside. Grab scissors, a piece of paper and contrasting paint to turn them into a fun dandelion craft.

- Cut strips halfway down the empty paper coffee cup. Continue cutting strips all the way around the cup.
- 2 Bend strips outward to make a wide flower shape.
- 3 Use a paintbrush to put paint on the inside of your flower shape (white, above).
- 4 Tap on paper in circles.
- **5** Draw stems and you're done!
- 6 Hang it up, wrap it around a gift or fold it in half for a beautiful greeting card!

To clean up, place your used cup in the trash.



1850 Mt. Diablo Blvd., Ste. 320 Walnut Creek, CA 94596

INSIDE THIS ISSUE

A dandy craft project!

Do you

Muffin

People?

Who's that friendly fellow carrying totes of

Dice, chief Muffin Man, of Moraga's self-

described Muffin People. They've been

collecting produce, meat and other fresh

This all-volunteer group picks up food

grocery stores in Lamorinda. They then

donations, six days a week from the major

deliver the food to the St. Vincent De Paul

Community Center and other local food

food for 19 years!

distribution centers.

tomatoes out of the grocery store? It's Jack

know the

Toss your takeaway the right way

The Muffin People capture and deliver about

businesses capture edible food for recovery

(like many California businesses will have to

StMonicaMoraga.com/muffin-people for

more information. Whether or not you join

in, keep an eye out for their caps, and give

20 loads of donated food each week!

They're ahead of the curve in helping

do soon under SB 1383). And it's just

because they noticed a way to help.

If you'd like to get involved, visit

them a high five for their efforts!

• Dr. Disposal is in for questions



A full cart warms

Even More about

Visit our Facebook page for the

latest events, workshops, tips and

reminders. Tell your friends, too! We

post 3-4 times/week and will keep

at Facebook.com/CCCSWA

you up to date and inspired. Follow us

Wasting Less

EVERYDAY RECYCLING MADE EASY RECYCLING MADE EA

APARTMENTS & CONDOS EDITION

"Picnics are a

great way to

ketchup with

friends!"

What's the takeaway

During the pandemic, we've supported local restaurants by ordering lots of food to go. "Date night out" became "date night in" as our favorite eateries prepared meals for us to enjoy at home.

Helping these businesses survive and thrive is a great way to keep our communities strong. But what should we do with all the extra take-out packaging we've collected? And is there any way to reduce the clutter we don't need as we move into a summer of takeout picnics?

need to solve your carryout conundrums. Check inside for a full menu of what goes where—from plastic clamshells to compostable containers, we've got you covered.

- restaurant not to include plastic utensils or plates with
- Be an advocate for change. Encourage your favorite spots to shift to paper-based compostable containers, if they haven't already.

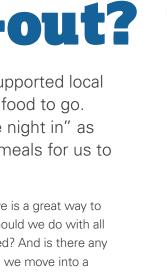


READER SURVEY

What do you like most about the RecycleSmart newsletter? Are we providing useful information about recycling, composting and reducing landfill waste? How can we answer more of your questions?

Let us know at RecycleSmart.org/survey

on take-out?



Take heart, take-out fans! This issue gives you all the tips you

Here are a few tips:

• Don't take stuff you don't need. Eating at home? Ask the









Where it goes

This product is made of recycled materials and other controlled sources.











DIRTY PLASTIC CONTAINERS CONDIME

Alternative: request no sauce or ask that sauce be placed directly on food



CONDIMENT PACKET

Alternative: request no packets









PLASTIC UTENSILS AND STRAWS

Alternative: request no utensils

PLANT PLASTIC CUPS AND UTENSILS

Alternative: keep and reuse





Question:

I'm spring cleaning my medicine cabinet; I have expired prescriptions and over the counter medicines that I don't need. What's the right way to handle them?

-Nima K., Rossmoor

Answer:

You can drop off expired or unused medications, even pet medications and asthma inhalers! To prepare your items:

- Remove or mark out your personal information from the bottle
- 2 Recycle the plastic containers
- 3 Place solid medicines, like pills and capsules, in a sealed plastic bag
- 4 Leave liquids in their original container and place bottles in a sealed plastic bag
- 5 Drop off medicines and sharps in disposal boxes at drugstores, police stations and town government buildings. A full list of sites is at **RecycleSmart.org/HHW**



HAVE TIPS TO SHARE?

Send your ideas to

Authority@RecycleSmart.org